

A close-up portrait of a woman with long, wavy brown hair and bangs. She is wearing a blue patterned top under a grey blazer. Her hands are clasped in front of her, adorned with several rings and a large turquoise and silver bracelet. She has a thoughtful expression.

Activist. Recent graduate with a master's in social policy. Survivor of years of sexual abuse.

Meet Barbara at [rainn.org](http://rainn.org)

For more than 20 years, RAINN has provided free, confidential, and anonymous 24/7 support via the National Sexual Assault Hotline. Find out more about RAINN's work in prevention, education, and public policy—and how they help survivors like Barbara.

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